



ACADEMY NEWSLETTER **OCTOBER** EDITION

WHERE GOLF MEETS MAGNIFICENCE

ACADEMY UPDATES

With the new season under way and the cooler weather around the corner, we would like to share some updates from the Academy.

PRO'S VS MEMBERS

On Sunday, 3rd September, Scott, Megan, Retief and I took on the members in a Beat the Pros Challenge. We had a great time on the course and I have to admit, felt the pressure of everyone coming after us.

I think that forced us to make a couple of extra birdies!

It was a slow start to our round but we got our act together and finished 10 under par for our last 10 holes to close out a 14 under par 58 as our score.

Posting a score of 58 was not quite enough as our Vice Captain Omar Saub lead his team to a 2 shot victory. Congratulations on an outstanding round with a gross score of 56.

After a great day of golf we are already back in training for next year!

BEAT THE PROS CHALLENGE | Round 1 Leaderboard

GROSS DIVISION

Pos.	Foursome	To Par Gross	Total Gross
1	Masoud Sobati Jey Jeon Omar Souab Nathan Quigley	-16	56
2	David Laing Scott Graham Retief Tolken Megan Simmons	-14	58
3	Steve Campbell Mike Weston Adam Campbell Aasiya Saleem	-10	62
4	Quentin Morel Maxine Minty Ralph Maenen Farhan Yaqub	-9	63
5	Adina Cameron Nick Cameron Dania Mchaourab Paul Love	-8	64
6	Nick Dulley Yuriy Blotskvv Andrew Campbell Gheorghe Seran	-8	64
7	Nigel White Young Cho Carl Aakerlund Haakan Aakerlund	-6	66
8	Sjoerd Wijstma Marie Van Koolwijk Brian Stewart Ciaran Coakley	-6	66
9	Sean Kumar Fady Salib Lucky La riccia Mike Sronce	-6	66
10	Ingrid Kruidenier Nicole Jansens Robert Kruidenier Frank Janssens	-5	67
11	Damien Murray Joweria Murray Racchitt Khanna Paul McCann	-4	68

NETT DIVISION

Pos.	Foursome	To Par Net	Total Net
1	Masoud Sobati Jey Jeon Omar Souab Nathan Quiglev	-17.5	54.5
2	David Laing Scott Graham Retief Tolken Megan Simmons	-14	58
3	Nick Dulley Yuriy Blotskyy Andrew Campbell Gheorghe Seran	-13.5	58.5
4	Sean Kumar Fady Salib Lucky La riccia Mike Sronce	-13.5	58 5
5	Adina Cameron Nick Cameron Dania Mchaourab Paul Love	-12.5	59.5
6	Ingrid Kruidenier Nicole Jansens Robert Kruidenier Frank Janssens	-12.3	59.7
7	Quentin Morel Maxine Minty Ralph Maenen Farhan Yaqub	-12.1	59.9
8	Steve Campbell Mike Weston Adam Campbell Aasiya Saleem	-11.8	60.2
9	Sioerd Wiistma Marije Van Koolwijk Brian Stewart Ciaran Coakley	-11.1	60.9
10	Nigel White Young Cho Carl Aakerlund Haakan Aakerlund	-11	61
11	Damien Murray Joweria Murray Racchitt Khanna Paul McCann	-11	61



TERM 1 & GOOD SIGNS FROM HARRIET

As a team we have many amazing moments with golfers at the Academy that leave us excited and full of motivation. After our lessons we are always talking about how well a certain golfer did, a break through someone had and how would another coach have described this change. I guess that is partly why coaching in a team is so exciting!

Harriet Coutts is a member of our Troon Advanced class and came back from summer with her game in great shape. The image on the left shows an impact a tour professional would be proud off.



Commencing the week beginning Monday, 23rd October, Term 2 of our group coaching programmes will be underway.

With the cooler weather arriving and the opening of the new academy facilities, we are excited to get underway with Term 2 of our group coaching programmes.

TERM 2

Megan is bringing some exciting ideas to our ladies development programme that will not only support your golf but give a great academy social experience.

We are also introducing a mixed group class for the first time. This is a nice opportunity for couples to learn together in a group environment or just join a new style of coaching session at the academy.

ENQUIRE NOW

LEARN TOGETHER



One excellent approach to getting into the game is by teaming up with a friend or joining a small group of friends who can encourage each other to improve their skills.

This style of private lessons has proven to work very effectively, we offer options 2, 3 or 4 player groups at the academy.

To learn more about packages

ENQUIRE NOW

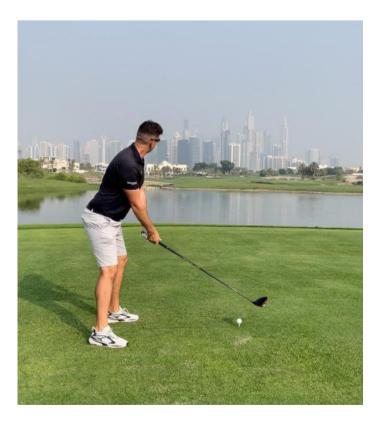
COACHING CORNER WITH DAVID LAING



The most iconic tee shot in the UAE has to be the 18th tee shot at the Montgomerie Golf Club Dubai. The view may look mind blowing but keeping your mind on task is vital if you want to hit the fairway.

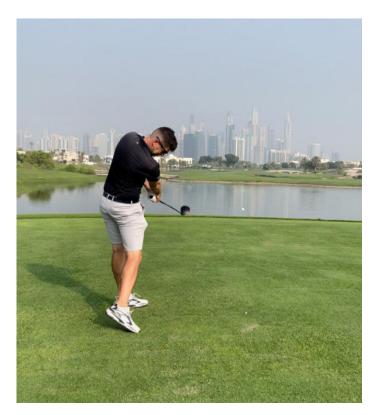
LOCK THE TARGET IN YOUR MIND

For some players using imagery can be a performance game changer. The concept would be to select a target and for the duration of your swing keep that image in your mind.



Select you target | That may be a building on the horizon, a palm tree or a section on the fairway as an example.





Impact | Keep that image as clear as possible in your mind at impact.

For the duration of your swing try to keep that image clear in your mind.

As humans our brain has an amazing capability of self organising. When a player can have their mind fixed on the target, they are intending to send the ball to it is amazing how well swing patterns can adjust to send the ball in that direction.

Test this out in practice then lock your mind on the target to hit the fairway on one of the most iconic tee shots in golf!

To learn how you can enhance your on course performance, click on the button below.

ENROLL NOW